

FAP Conceptualization and Treatment Plan for Client:	
Therapist:	Date:
<p>Relevant History: Include sociopolitical factors that may affect your therapeutic relationships. The ADDRESSING framework can be used to help assess how sociopolitical histories may impact client and therapist behaviors (SP1s & SP2s). A=Age & Age related factors, D=Disability, D=Development (psychological, social developmental factor), R=Religion, E=Ethnicity, S=Socioeconomic status, S=Sexual orientation, I=Indigenous heritage, N=Nationality, G=Gender (Terry, Bolling, Ruiz & Brown, 2010).</p>	
Daily Life Problems:	
Problematic Beliefs:	
Variables Maintaining Problems:	
Assets and Strengths:	
CRB1s (Clinically Relevant Behaviors—in-session problematic behaviors and thoughts):	
CRB2s (Clinically Relevant Behaviors—in-session target behaviors and improvements):	
Daily Life Goals:	
Therapy Goals:	
Planned Interventions:	
T1s (Therapist in-session problems) & T2s (Therapist in-session target behaviors):	